

# HELP US PROTECT OUR ENVIRONMENT.

EVERY DAY WE UNNECESSARILY CONSUME A LOT OF ENERGY AND  
WATER AND PRODUCE TOO MUCH WASTE.  
FOLLOW A FEW TIPS TO HELP PROTECT OUR ENVIRONMENT.



## WATER

Shower as quickly as possible  
and do not leave the water  
running when soaping up or  
brushing your teeth.



## PLASTIC

Use a reusable drink bottle  
and fill it up again and again  
with our fresh spring water or tea.  
Use as little single-use plastic  
as possible.



## VENTILATION

If you need fresh air, open the  
window wide for a few minutes.  
Avoid tilting the window, as this  
will consume a lot of energy for  
heating.



## WASTE DISPOSAL

Produce as little waste as possible  
and recycle what you can in the  
recycling containers.  
Bring your reusable lunch bag.  
Please do not leave any waste in  
our beautiful natural environment.



## LIGHTING

Always turn off the light when  
leaving a room.  
This helps us save electricity.

